FFC

FIT FAST COOK

HOMEMADE IS HEALTHY

Fast fajitas



Serves	Prep Time	Cooking	Total Time	Calories
0 people				**kcal**

Stuff that's in it:

• 4 Chicken Breasts (Sliced)

• ½ Lime

• ½ Tsp Cumin

• 1 Tsp Coriander

• 2 Tsp Sweet Paprika

• Salt And Pepper

• 1 Red Pepper (Sliced)

• 1 Red Pinion (Sliced)

• Squirt Of Oil

• 4 Tortilla Wraps

• Optional:

• Grated Cheddar To Top

• Sour Cream Or Yoghurt

What you do:

In a large bowl add the chicken, add the sliced pepper and onion. Squeeze over the lime juice, add the spices with a squirt of oil and mix well.

Tip out onto a hot griddle pan or large fry pan and char all over for around 7-8 minutes, ensuring chicken is cooked all the way through and piping hot.

Serve in warm wraps with cheese and yoghurt.

Nutrition

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