

## Big Pancakes



Serves	Prep Time	Cooking	Total Time	Calories
<b>4 people</b>				<b>266 kcal</b>

### Stuff that's in it:

- 1 Heaped Tsp Baking Powder
- 180G Self Raising Flour
- 100Ml Skimmed Milk
- 3 Eggs
- 15G Golden Caster Sugar
- 20G Lurpack Lighter

### What you do:

Melt your butter in the microwave for a few seconds. Add your flour to a large bowl, add your caster sugar and baking powder, add your eggs, add your butter, whisk, then add your milk and whisk again until thick and bubbly.

Heat a non stick pan and pour out the batter in ladles one at a time, wait until you see bubbles start to rise in the mixture before turning, flip and allow to rise and cook through, repeat.

Add your favourite fruit and yoghurt with seeds

### Nutrition

- Carbs: 38g

- Fat: 7g
- Protein: 11g

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