

## Banana split



Serves  
**1 person**

Prep Time

Cooking

Total Time

Calories  
**292 kcal**

### Stuff that's in it:

- 90G Greek Yoghurt
- 25G Raspberries
- 25G Blue Berries
- 6G Hazelnuts (Chopped)
- 3G Flaked Almonds
- 1 Large Banana Split Into 2

### What you do:

Whack it all together!

### Nutrition

- Carbs: 33g
- Fat: 14g
- Protein: 10g