

Fluffy Pink Pitaya Protein Smoothie



Serves
1 person

Prep Time

Cooking

Total Time

Calories
249 kcal

Stuff that's in it:

- 5 Frozen Strawberries
- 5G Pitaya Powder ((Dragonfruit))
- 100Ml Almond Milk
- 2G Flaxseeds
- 25G Vanilla Protein Powder
- 100G Banana
- Raspberries And Blueberries

What you do:

Blend the strawberries, banana, milk, pitaya and protein powder together, pour into serving glass and top with flaxseeds and berries.

Nutrition

- Carbs: 31g
- Fat: 4g
- Protein: 26g

