

# Fluffy Pink Pitaya Protein Smoothie



Serves  
**1 person**

Prep Time

Cooking

Total Time

Calories  
**249 kcal**

## Stuff that's in it:

- 5 Frozen Strawberries
- 5G Pitaya Powder ((Dragonfruit))
- 100Ml Almond Milk
- 2G Flaxseeds
- 25G Vanilla Protein Powder
- 100G Banana
- Raspberries And Blueberries

## What you do:

Blend the strawberries, banana, milk, pitaya and protein powder together, pour into serving glass and top with flaxseeds and berries.

## Nutrition

- Carbs: 31g
- Fat: 4g
- Protein: 26g

