

Protein Breakfast Pudding



Serves	Prep Time	Cooking	Total Time	Calories
1 person				327 kcal

Stuff that's in it:

- 40G Oat Bran
- 1 Small Banana (Sliced)
- 5G Choc Chips
- 200Ml Water
- 25G Chocolate Protein Powder

What you do:

Mix your protein powder and oat bran together, add to a pan with the water, bring to a simmer stirring continuously until thick and creamy, add to a bowl and add your toppings.

Nutrition

- Protein: 26g
- Fibre: 11g